



**SHARDA**  
**UNIVERSITY**  
Beyond Boundaries  
Greater Noida



Sharda School of Humanities  
& Social Sciences  
and  
Bharatiya Sanskriti Vaishvik Kendra

**A THREE-DAY INTERNATIONAL CONFERENCE**

**ON**

# **SCIENCE, SPIRITUALITY & HEALTH: EXPLORING THE INTERSECTIONS**

**27 FEBRUARY - 1 MARCH, 2025**

**Hybrid Mode**

ॐ असतो मा सद्गमय । तमसो मा ज्योतिर्गमय । मृत्योर्मा अमृतं गमय ।

Om, Lead me from the unreal to the real, Lead me from darkness to light, Lead me from death to immortality. May peace be, may peace be, may peace be.

Papers are accepted in English, Hindi & Sanskrit

**IN COLLABORATION WITH**

**INTERNATIONAL PARTNER**



University of Venda  
Creating Future Leaders



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**PUBLICATION PARTNER**



ॐ सर्वे भवन्तु सुखिनः ।  
सर्वे सन्तु निरामयाः । सर्वे भद्राणि पश्यन्तु ।  
मा कश्चित् दुःख भाग्भवेत् ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥



**May every one be happy,  
May every one be free from all diseases,  
May every one see goodness and auspiciousness  
in every thing,  
May none be unhappy or distressed  
Om peace, peace, peace!**



# ABOUT SHARDA UNIVERSITY



Sharda University, established in 2009 has been accredited with A+ grade by the National Assessment and Accreditation Council (NAAC). Sharda University has over the years become one of the leading centres of education, research and innovation in Delhi NCR region. Established through an act of State Legislature of Uttar Pradesh (14 of 2009), Sharda University offers 216 UGC recognized degrees in programmes like Engineering, Management, Medical, Dental, Integrated Law, Architecture, Humanities and Social Sciences, Design, Journalism & Mass Communication, Computer Applications, Basic Sciences, Nursing, Biotechnology, Food & Technology, Pharmacy, Physiotherapy, Paramedical, Education, Languages, Animation and Visual Arts. Being the only global university in India with students from 80+ countries, and academic partnerships with 140+ universities across the world - the USA, the UK, Italy, Canada, Russia, Slovenia, etc, the University offers a truly learning environment. That's why we say, "The World is Here, Where are You?"



## ABOUT THE SCHOOL



**Sharda School of Humanities & Social Sciences** is a pivotal centre of teaching and research for eight academic disciplines: Economics, English Literature, History, Psychology, Sociology, Political Science, Geography and Yogic Sciences. The school offers graduate, post-graduate and doctoral research programs. The school was established in 2012 and within a short span of time it has emerged as a centre of academic excellence with research from diverse and varied background. Working within this premise, Sharda School of Humanities & Social Sciences (SSHSS), Sharda University is organizing a three-day International Conference on 'Science, Spirituality & Health: Exploring the Intersections'. This conference aims to foster a dialogue that bridges the diverse realms, promoting a holistic understanding that can contribute to personal well-being, societal progress, and the development of innovative approaches to healthcare and environmental sustainability. SSHSS invites papers on **Science, Spirituality & Health: Exploring the Intersections** and the myriad ways these independent domains of knowledge intersect or offer complementary perspectives on the human experience and the nature of reality.



## ABOUT THE CONFERENCE



The International Conference on Science, Spirituality & Health is a transformative academic event that seeks to bring together scholars, practitioners, researchers, and spiritual leaders from around the world to explore the powerful intersections of science, spirituality, and health. It aspires to be a groundbreaking event that not only bridges the gap between seemingly different fields but also fosters a new paradigm of integrated understanding. By fostering interdisciplinary dialogue and collaboration, we seek to uncover new insights and practical applications that can transform mind and body. The conference seeks to create a platform for meaningful exchange, inspiring new pathways for research and practice that leverage the strengths of both science and spirituality to foster a healthier and more sustainable world. By bringing together diverse perspectives, it aims to illuminate pathways towards a more harmonious and enlightened global society.

The conference, invested in the precepts of Indian Knowledge System, envisions a “Viksit Bharat” that embodies a balanced development where the ancient scientific competence drives innovation, spirituality provides ethical guidance for sustainable progress, and robust health system ensures a thriving population. Together, these elements create a harmonious blend that not only connects India’s rich heritage to its future but also positions the nation as a global leader in sustainable and inclusive development.



## OUR PARTNERS



Forum for  
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ISKCON



Institute for  
Science and  
Spirituality  
(ISS)



Vivekananda  
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We Avec U

### Publication Partners



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### International Partner



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South Africa

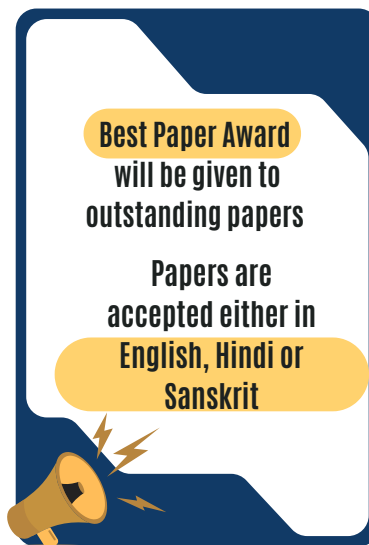




# CONFERENCE HIGHLIGHTS



- Plenary talks by reputed International and National luminaries and experts
- Panel discussions by distinguished experts from academia, medical sciences, and spiritual centres



**Panel 1: Exploring Perspectives on Science,  
Spirituality & Health:  
What We Know, What We Need to Know**

**Panel 2: Sustainable Solutions to Global  
Crises in Health and Well-Being**

- Pre-Conference Workshop on “**Somatic Psychotherapy**” by Dr. Deepak Gupta (Consultant Psychiatrist, Sir Ganga Ram Hospital, New Delhi) & Dr. Priyanka Halwasiya (Clinical Child Psychologist, Sir Ganga Ram Hospital, New Delhi)
- Workshop on “**Mantra Meditation for Cognitive Enhancement: Bridging Ancient Practices with Modern Science**” by Institute for Science and Spirituality (ISS), New Delhi
- Publication by Taylor & Francis Group & Macmillan Education, India
- Kirtan Sandhya by International Society for Krishna Consciousness (ISKCON)
- Post Conference sightseeing for all delegates and participants
- Networking with erudite Academicians, Professionals and Experts

## OUR CHIEF GUEST



**Shri. Gajendra Singh Shekhawat**  
**Minister of Tourism & Minister of Culture, Government of India**

## OUR DISTINGUISHED SPEAKERS



**Shri Sachchidanand Joshi**  
Member Secretary, Executive and  
Academic Head of Indira Gandhi  
National Centre for the Arts (IGNCA),  
New Delhi  
National President of Bharatiya  
Shikshan Mandal



**Dr. Indresh Kumar**  
Senior Member, Pracharak  
and National Executive,  
Rashtriya SwayamSewak  
Sangh



**Prof. Kapil Kapoor**  
Padma Bhushan Awardee and  
Former Pro-VC Jawaharlal Nehru  
University, New Delhi



**H.H. Pujya Swami Chidanand  
Saraswatiji**  
President and Spiritual Head  
of Parmarth Niketan Ashram,  
Rishikesh, India



**Prof (Dr) J. Scott Jordan**  
Professor & Former Chair,  
Department of Psychology,  
Director, Institute for  
Prospective, Cognition Illinois  
State University, Normal, USA



**Dr. Arvind Gupta,**  
Director, Vivekananda  
International Foundation, New  
Delhi; Former Deputy National  
Security Advisor



**Shri. Durga Shankar Mishra**  
Former Chief Secretary of  
Government of Uttar Pradesh



**Dr. Deepak Gupta**  
MBBS, MD, DNB Psychiatry  
Consultant Child And  
Adolescent Psychiatrist, Sir  
Ganga Ram Hospital, New Delhi



# OUR DISTINGUISHED SPEAKERS



**Shri. HG Vedanta Chaitanya Das**  
President, ISKCON Noida,  
Uttar Pradesh



**Mr. Parveen Kumar**  
Director, Institute for Science  
and Spirituality (ISS), New Delhi



**Deepak Singhal**  
Ex-Chief Secretary of  
Government of Uttar Pradesh



**Prof. Pami Dua**  
Senior Professor and Former  
Director, Delhi School of  
Economics, University of Delhi



**Prof. Heeraman Tiwari**  
Centre for Historical Studies,  
School of Social Sciences,  
Jawaharlal Nehru University (JNU),  
New Delhi



**Prof. Arya Bhushan Shukla**  
HoD, Bharat Vidya Prayojan  
Division, Indira Gandhi National  
Centre for the Arts (IGNCA),  
New Delhi



**Dr. Anup Dhar**  
Lacanian Psychoanalyst  
Distinguished Visiting Professor  
of Philosophy, School of Liberal  
Studies, BML Munjal University



**Dr. Smita Sehgal**  
Professor (History), Lady  
Shri Ram College,  
University of Delhi



**Prof. Suresh Bhalla**  
Professor, Civil Engineering,  
IIT Delhi; Core Member,  
Institute for Science and  
Spirituality (ISS), New Delhi



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# THEMES

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**WE INVITE YOU TO SUBMIT ORIGINAL  
RESEARCH PAPERS AND CASE STUDIES  
ON THE THEMES LISTED BELOW**

## **1. Indian Ethos: Sabhyata, Sanskriti, Sanatan and Adhyatama**

- Indian Philosophical Thoughts
- Teachings from Indian Ancient Scriptures
- Ayush- Ayurveda, Yoga & Naturopathy, Unani, Siddha and Homeopathy
- Science of Art, Music and Dance
- Indian Dramatical and Semantic Traditions: Vyakarana and Nirukta
- Universality of Sanatan Dharma
- Spiritual Laws of Karma and Reincarnation
- Atman, Brahman, and Moksha

## **2. Spirituality in Healthcare**

- Integration of Spiritual Care in Medical Settings
- Impact of Spirituality on Health Outcomes
- Therapeutic Approaches
- Geriatrics and Spirituality
- Patient Perspectives and Experiences
- Ethical and Practical Challenges
- Chronic Pain Management and Spirituality
- Spirituality and Disability
- Medical Rehabilitation, Faith and Spirituality
- Spiritual Rehabilitation of Affected People

## **3. Psychology and Spirituality**

- Spirituality and Psychological Wellbeing
- Indic Psychology and Indian Philosophy
- The Nature of Consciousness: Scientific and Spiritual Perspectives
- Neuropsychology and Spirituality, Meditation, Mindfulness and Brain Function
- Spirituality in Psychotherapy and Hypnotherapy
- Spirituality in Psychological Development
- Spirituality and Cognitive Processes
- Spiritual Crises and Psychological Intervention
- Religion and Spirituality in Rehabilitation Psychology
- Role of Spirituality in Post-Traumatic Growth
- Challenges in Integration of Psychotherapy and Spirituality
- Psychoanalysis and Spirituality

## **4. Language, Literature and Spirituality**

- Sacred and Spiritual Literature
  - Literary Expression of Spiritual Themes
  - Narrative and Spiritual Identity
  - Comparative Literature and Spirituality
  - Eco-spirituality and Environmental Science in Literature
  - Indian Knowledge System (IKS) and spirituality
  - The Confluence of Mythology, Science and Spirituality
  - The Intersection of Medicine, Ethics and Spirituality in Literature
  - Mystical Experiences and their Implications
  - Semiotics of Sacred Spaces
  - The Interplay Between Fiction and Spirituality
  - Spirituality in Modern English Literature
  - Impact of Religion and Spirituality on Literature
  - Postcolonial Literature: A Spiritual Turn
  - Models of Consciousness
  - Gender and Spirituality
  - Panpsychism
  - Alternative Spiritualities and Literature
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# THEMES

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**WE INVITE YOU TO SUBMIT ORIGINAL  
RESEARCH PAPERS AND CASE STUDIES  
ON THE THEMES LISTED BELOW**

## **5. Sustainable Health and Well-Being**

- The Role of Spirituality in Mental Health and Wellbeing
- Health, Healthcare, Traditional Knowledge System and Spirituality
- Health and Healing: Integrating Science and Spirituality
- Spirituality and Mental Health in the Era of Climate Migration
- Religion, Spirituality & Medicine
- Yoga and Spirituality
- Role of Spirituality in End-of-Life Care
- Role of Pharmacy and Pharmacological Treatment
- Geo-spirituality

## **6. Society, Culture and Religion: Spiritual Manifestations**

- Jain Philosophy
- Buddhist Philosophy and Mindfulness
- Cultural Variations in Science and Spirituality
- Spirituality in Social movements
- Spirituality and Human rights
- Bhakti and Devotional Practices
- Food and Spirituality
- Cultural Manifestations of Spirituality
- Empowerment through Spiritual Practices

## **7. Spirituality in the Judicial and Legal Systems**

- Legal Frameworks and Mental Health Advocacy
- Role of Spirituality and Mental Health in Social and Criminal Justice
- Leadership and spirituality
- Ethics, Law and spirituality



## **8. Universal Human Values and Ethics**

- Media, Social Media, Journalism & Spirituality
- Spirituality in Management
- Spirituality and Religion in Social Work

## **9. History, Art and Architecture in Adherence to Spirituality**

- Historical Evolution of Spiritual Art and Architecture
- Artistic Expressions of Spirituality
- Architectural Forms and Spirituality
- Cultural and Religious Influences on Art and Architecture
- Art and Architecture as Spiritual Practice
- Art and Architecture in Ritual Contexts
- Spiritual Themes in Modern Art and Architecture
- Role of History in Oral Tradition and Spiritual Knowledge
- Impact of Religious Reformations on Historical Narratives
- Renaissance Reconnection: Rebirth of Science and Spiritual Thoughts
- Vedic and Upanishadic Philosophies

## **10. Education and Spiritual Integration**

- NEP: Empowering the Disable
  - Role of Spiritual Value in Education
  - Spirituality and Effective Factors in Education
  - Religious and Spiritual Education
  - Spiritual Pedagogy in Classroom Practices
  - Spirituality and Contemporary Higher Education
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# REVIEW PROCESS

## Evaluation Criteria

Reviewers will assess the papers based on the following criteria:

**Relevance:** Alignment with the conference themes and objectives

**Originality and Innovation:** Contribution to the existing body of knowledge in science, spirituality, and health

**Methodological Rigour:** Appropriateness and clarity of research design, data collection, and analysis (if applicable)

**Clarity and Structure:** Logical organization, writing quality, and readability

**Interdisciplinary Integration:** The ability to combine scientific, spiritual, and health-related concepts effectively

## Guidelines for Submission:

- The conference is open for scholars, educators, thinkers and practitioners, both from India and worldwide.
- The authors are requested to send their original papers (not presented or published earlier)
- An Abstract of **250 words** with **5-7 keywords**, title of the paper, research objectives, methodology and key findings should be submitted in MS Word format on the notified submission portal.
- The corresponding author must certify that the paper follows ethical research practices and is plagiarism free. Plagiarism of abstract and paper must be less than **10%**
- Once the abstract is shortlisted, the full-length paper is to be sent once notified. The length of the paper should not exceed **5000-7000 words**. Use Times New Roman 12-point font with **1.5 line spacing** and adhere to the **APA (7th edition)** style of referencing.
- More than one author need to register
- Register within one week of abstract acceptance notification
- NO changes in the paper title, abstract, authorship or submitted document can occur **AFTER** the submission deadline.





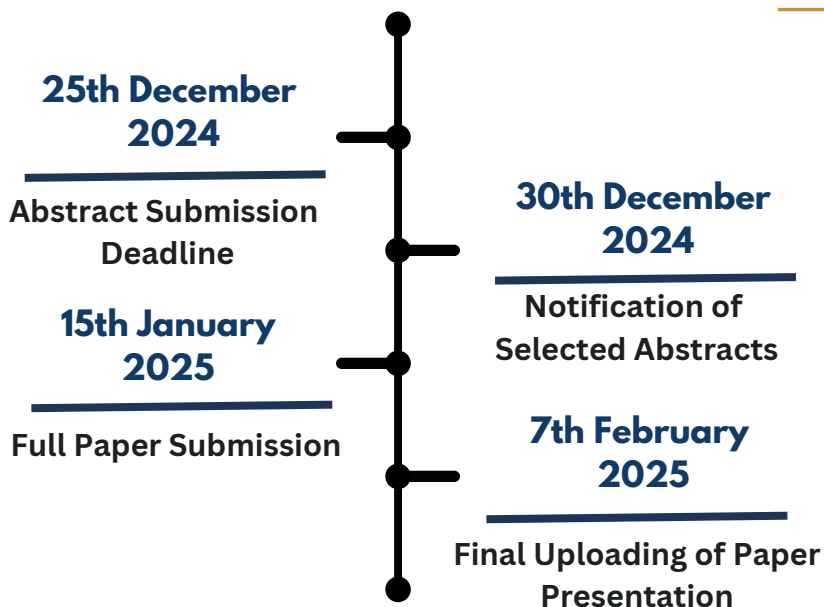
## PUBLICATION



- All submissions will be peer-reviewed and quality papers will be published with **Taylor & Francis and Macmillan Education, India.**
- Presenter will be asked to pay APC in case their paper is selected for publication.



## IMPORTANT DATES



## WHO CAN PARTICIPATE ?



Academics

Medical Professionals & Researchers

Research Scholars

Spiritual Leaders & Healers

Business Professionals

Additional Enthusiastic Intellectuals



## PAPERS CAN BE PRESENTED VIRTUALLY





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## PROCESS FOR REGISTRATION

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### REGISTRATION FEE

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**National/  
International  
Students**

**INR 1000/\$80**

**Research  
Scholars  
(National/  
International)**

**INR 1500/\$100**

**Delegates/  
Foreign Delegates  
(Academics/  
Industry)**

**INR 2500/\$150**

**Pre-Conference  
Workshop Fee  
(National /  
International):**

**INR 1000 / \$20**



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### Abstract Submission

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**Scan to Submit Abstract**

**Or apply through Abstract Submission Link:**

**<https://forms.gle/asKunzfvFsLSvkmMA>**





## REGISTRATION LINK



### Scan to Register

Or apply through Registration Link:

<https://forms.gle/at6ZdCkx8zmsZAne9>



\*Register only after your Abstract is selected.



### FOR CONFERENCE RELATED QUERIES CONTACT:



**Email :** [conference.sshss@sharda.ac.in](mailto:conference.sshss@sharda.ac.in)

OR

**Call:** Ms. Radhika Daga: +91 8360351977

Dr. Pallavi Thakur: +918447531336

Dr. Rukmani Joshi: +919873489647

### Regarding Travel & Accommodation:

Accommodation will be provided on request & payment will be made by participants. Kindly download transportation apps required for taxi services, public transport schedules, and city maps for real-time guidance.

### For further queries regarding travel & accomodation please contact:

**Dr Ahrar Ahmad Lone:** +91 9760774579 ([ahrar.ahmad@sharda.ac.in](mailto:ahrar.ahmad@sharda.ac.in))

**Mr. Awdhesh Tomer:** +91 8800998864 ([awdhesh.tomer@sharda.ac.in](mailto:awdhesh.tomer@sharda.ac.in))





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- **Prof. Akbar Husain**, Retd. Prof. AMU, Psychology, Expert of Spiritual Psychology
- **Dr. Arvind Kumar Singh**, Director, International Affairs, Gautam Buddha University, Greater Noida





# CONFERENCE SCHEDULE



## 26 FEBRUARY 2025

- **9:00 am - 4:00 pm (Full Day):** Pre-Conference Workshop on 'Somatic Psychotherapy' By Dr. Deepak Gupta & Dr. Priyanka Halwasiya

## 28 FEBRUARY, 2025

- **9:30 - 10:30 am - :** Workshop on 'Mantra Meditation for Cognitive Enhancement: Bridging Ancient Practices with Modern Sciences' by Institute of Science & Spirituality (ISS)
- **10:30 am - 1:00 pm:** Panel Discussion on 'Sustainable Solutions to Global Crisis in Health & Well- Being'
- **2:00 - 5:00 pm:** Theme wise Technical Sessions
- **5:30 - 7:30 pm:** 'Soul Symphony' - Bhajan Sandhya by ISCKON followed by "Flower Holi" & "Prasadam"

## 27 FEBRUARY, 2025

- **11:00 am - 2:00 pm:** Inaugural Session
- **3:00 - 3:45 pm :** Plenary Address by Prof. (Dr.) Pami Dua
- **3:45 - 5:30 pm:** Panel Discussion on 'Exploring Perspectives on Science, Spirituality & Health: What We Know, What We Need to Know.'

## 1 MARCH, 2025

- **9:00 - 11:00am:** Yoga for Healthy Heart and Happy Mind - A Session on Yoga & Well-Being
- **11:45 am - 1:15 pm:** Theme wise Technical Sessions
- **2:00 - 4:00 pm:** Valedictory Session/Award Distribution
- **2:15 - 3:30 pm:** Plenary Session/Q&A by Dr. J. Scott
- **4:00 - 4:15 pm:** Report Presentation
- **5:05 pm:** Post-Conference Sightseeing to Swaminarayan Akshardham Temple, New Delhi





# STEERING COMMITTEE



## CHIEF PATRONS

Shri. P.K. Gupta  
Hon'ble Chancellor, Sharda University  
and  
Shri Y.K. Gupta  
Hon'ble Pro-Chancellor, Sharda  
University

## CONVENER

Prof. (Dr.) Anviti Gupta  
Dean, Sharda School of  
Humanities & Social Sciences  
Director, Bharatiya Sanskriti  
Vaishvik Kendra

## CONFERENCE SECRETARY

Dr. Pallavi Thakur

## COORDINATORS

Ms. Radhika Daga  
Ms. Rajlakshmi Das

## PATRONS

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Hon'ble Vice Chancellor, Sharda  
University  
and  
Dr. Parma Nand  
Hon'ble Pro-Vice Chancellor,  
Sharda University

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Dr. Pramod Kumar  
Dr. Jyoti Jayal

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Dr. Ritu Singh  
Dr. Rukmani Joshi  
Ms. Anantika Tehlani  
Ms. Mallika Dhagat  
Ms. Somya Sharma

## ORGANIZING COMMITTEE (RESEARCH SCHOLARS/STUDENTS)

Ms. Pragati Prasad, Ms. Karuna Singh, Mr. Niraj Raj,  
Ms. Simran Pathak, Mr. Nsom Karlson Nsom, Ms. Nisha Bhardwaj,  
Mr. Bilal Ahmad Khatana





# PLACES TO VISIT IN DELHI-NCR

- 1. Swaminarayan Akshardham Temple , New Delhi**
- 2. Lotus Temple, New Delhi**
- 3. Gurudwara Bangla Sahib, New Delhi**
- 4. Lodhi Garden, New Delhi**
- 5. Humayun's Tomb, New Delhi**
- 6. Dilli Haat INA**
- 7. ISKCON Temple, Noida**
- 8. Sunder Nursery, New Delhi**
- 9. Jama Masjid, New Delhi**
- 10. National Museum, New Delhi**
- 11. National Art Gallery, New Delhi**
- 12. Triveni Kala Sangram, New Delhi**



# Find Us Here



## Our Website

<https://www.sharda.ac.in/SSH2025/>

## Social Media



- Sharda University
- Sharda School of Humanities and Social Sciences



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- sshss\_sharda\_university



- Sharda University
- Sharda School of Humanities and Social Sciences