

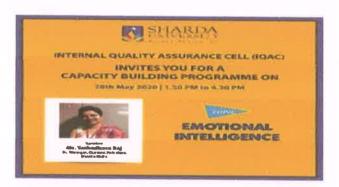
Name of the event	Capacity Development Programme on "Emotional Intelligence" – For Non-teaching Staff
Date of the event	28 th May 2020
Location of the event	Sharda University (Online Platform – ZOOM)
Sponsoring organization	None
Event Caption/ Conference Summery /	Internal Quality Insurance cell (IQAC), Sharda University along with Sharda Skills organised a Capacity Development Programme on "Emotional Intelligence" for the non-teaching staff of Sharda University on 28th May 2020. Objectives of the Event: Be aware of our emotions, drives and aspirations for better self-management and decision making, and creating meaningful work environments. Recognize and consciously use emotional data to create and maintain productive workplace relationships and team environments Integrate empathy to promote strong relationships Learn how to manage behaviors that hold you back from optimal performance: outburst; anger; stress; (emotional hijack)
Notes, Highlights & dialogs with representatives, speakers, and exhibitors	The webinar focused on EI which is the ability to perceive one's own and others' emotions and use them to guide behavior. People with high levels of emotional intelligence — which we measure in the form of the Emotional Quotient, or EQ — may achieve greater professional success than those with low EQs.



Sharda University

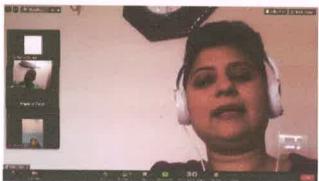
Plot No. 32, 34, Knowledge Park-III, Greater Noida- 201306, UP

https://drive.google.com/open?id=167TWni53z3poXSXA8FkPnPWp9mUURjgE



Images/Photos representatives, speakers, and exhibitors





Videos representatives, speakers, and exhibitors https://drive.google.com/open?id=12q070Rg31laP5McOecvjx4raPYOVIGYZ



Name of the	De	partment	t	School			
Organizing Department / School	Internal Quality	Assurance	e Cell	-			
	Name		Conta	ct Number	Email ID		
	Prof. V P S Arora, Director, IQAC		9999575644, 9717995328		director.iqac@sharda.ac.in pallavi.agrawal@sharda.ac.in		
Convener details	Dr. Pallavi Sharma		7/1/7/320		para maga an maga an		
			,				
	Name			Affiliation			
Chief Guest / Guest of Honor	-				B)		
Speaker details	Name of the Speaker		Affilia	tion	AREA [Academics/ Industry/ Research Organization/ Others (Please specify)]		
Speaker	Ms. Yashodhara Raj			, Organizatio Sharda Skills			

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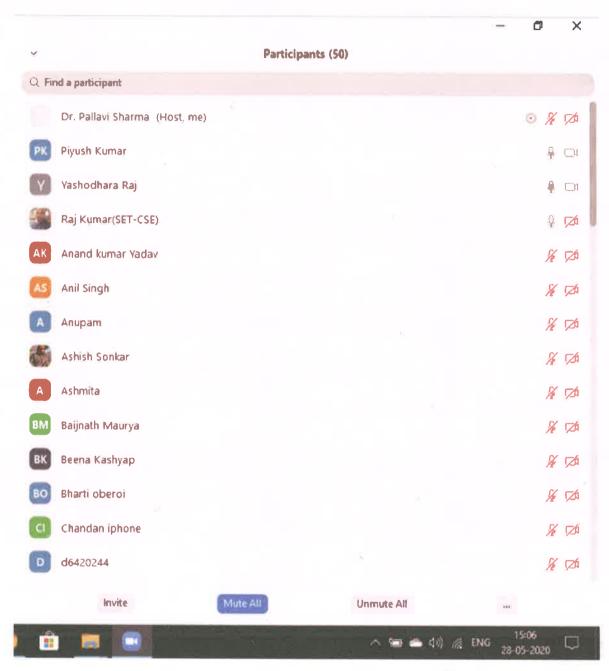
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