



Sharda offers endless possibilities to scale up your career in **social sciences**

THE **WORLD** COMES TOGETHER AT SHARDA



SCHOOL OF **HUMANITY & SOCIAL SCIENCES**

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ShardaUniversity
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THE **WORLD** IS HERE. WHERE ARE YOU?



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SHARDA GROUP CAMPUSES



Established in 2009

Sharda University Greater Noida is India's truly global university which has seen students from 85+ countries experience a world-class campus life. Spread over 63 acres, Sharda University offers 216 programme/plans in a myriad of disciplines and an education experience matching with the very best. Students can pursue a semester at Sharda University Uzbekistan campus at the same fee in select programs.



Established in 2019

Sharda University Uzbekistan has been established under a special President decree in line with Sharda Group's commitment to offer global standard education to every individual. It is the first independent private university in Fergana valley that is being envisioned to become the gateway for students from Eurasia.

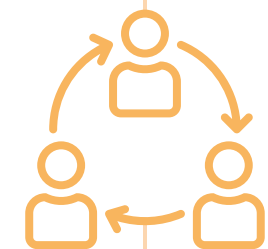


Established in 2020

Spread over 51 acres, Sharda University Aggra is located at NH-2, Keetham, Aggra, U.P. The city of Taj, Aggra will only be a 60 minutes drive from proposed international airport at Jewar and two hours from Delhi NCR. The University will carry forward Sharda's core ethos of world-class education, research and training for everyone. Students can pursue a semester at Sharda University Greater Noida at the same fee and experience India's truly global university.

On The Docket

Sharda University	01
Education in Humanities and Social Sciences	04
Uniqueness which fuels ambitions	05
Faculty that's truly inspiring	07
Sharda launchpad federation.	11
Sharda skills	12
Focus on organising maximum events	13
World-Class Infrastructure	15
Cultural Society of Sharda University	17
The Sharda campus life. Truly extraordinary!	19
Language programmes designed for success	21
Programmes in English	23
Programmes in History	25
Programmes in Political Science	27
Programmes in Psychology	29
Programmes in Sociology	31
Programme in Geography	33
Programmes in Yogic Sciences	35
Department of Languages and Culture	37
Views that speak excellence	38
Admission flow chart	39
Greater Noida. Hub of education in Delhi-NCR.	40
Notes	
Regional reach-Sharda counselling centre	



SHARDA UNIVERSITY

*Experience the joy of being a part of
India's truly global university*

14 MULTI-DISCIPLINARY SCHOOLS

Schools of Engineering, Management, Law, Architecture, Medical, Dental, Nursing, Pharmacy, Allied Health, Basic Sciences, Agriculture, Media, Film & Entertainment, Education and Humanities & Social Sciences.

MULTIPLE AVENUES FOR RESEARCH

Students do live projects in collaboration with top institutions like DRDO, MSME, DST, DBT, INSA and USAID.

1,200+ FACULTY WITH GLOBAL EXPERIENCE

Students learn from distinguished faculty from USA, UK, Greece, Singapore, Japan, Russian Federation & India among others.

OPPORTUNITY TO LAUNCH STARTUPS

100% Scholarship and Rs.10 lac seed money is offered for Student StartUps through various programmes like Next StartUp, Syncubator and Xcelerator.

2000+ STUDENTS STUDYING WITH UPTO 100% SCHOLARSHIP

Plethora of Scholarships include Academic & Merit based, Defence, Sports, Sibling and SGI Scholarship. There's a fee waiver for economically weaker meritorious students.



Sharda University has over the years become one of the leading centres of education, research and innovation in Delhi NCR region. Established through an act of State Legislature of Uttar Pradesh (14 of 2009), Sharda University offers over 216 UGC recognised programme/plans in various disciplines. It's a part of the renowned Sharda Group with operations in areas like Education, Healthcare and IT.

Being the only global university in India that has seen students from 85+ countries experience world-class facilities, and having 250+ global academic partnerships, Sharda University offers a truly international learning environment. That's why it says, **"The World is Here, Where are You?"**



Bonjour

Hallo

Hello

Olá

привет

Discover Why Top MNCs, Corporates, Embassies & Educational Institutions prefer Sharda Students

1 Curriculum designed as per **CEFR** levels

2 **PRACTICAL** learning opportunities

3 Unique **CHOICE** Based Credit System

4 **INTERNSHIP** in language/translation companies

5 **MAXIMUM** industry interaction

6 **SOFT SKILLS** Training Programmes

Education in Humanities and Social Sciences

Established in 2011 as the School of Languages and Culture, now School of Humanities and Social Sciences is the epicentre of cultural, creative and academic activity at Sharda University with students from all over the world enriching our learning environment.

The School offers History, Psychology, Political Science, Sociology, Geography, Yogic Sciences, English Literature, Culture Studies and Foreign Languages. The School flourishes in the offerings of its many courses specifically the teaching, the use of language for specific purposes. The classes equip students with practical communication skills required for targeted job profiles in globally oriented career paths. SHSS Faculty members cover a rich and diverse range of research as well as received prestigious teaching awards for their performance in the classroom. The School offers a variety of courses, which have been designed according to CEFR levels (Common European Framework for Reference)

Key Facts & Figures

- » One of the leading Schools for Literature, Language and Social Sciences in Delhi NCR.
- » Emphasis on workshop and discussion mode classrooms with an attention to experimental learning and opportunities throughout the curriculum.
- » Regular company visits to engage students with ongoing currents in the industry.
- » Ample Co-curricular and Extra-Curricular activities for students with various Cultural festivals, Academic Seminars, Guest Lectures and International Conferences.
- » Focus on 3A's- Academic Excellence, Accelerated Thinking & All-inclusive Development.
- » 360-degree development of the students through various personality development modules.
- » Students are encouraged to take part in various competitions.
- » The school has also signed an MoU with Cambridge.



Uniqueness Which Fuels Ambitions

School of Humanities and Social Sciences offers a unique global environment with students from different countries and continents studying in the same classroom. One of the many unique aspects of the school is the "English Bridge Course" being offered to students of various nationalities for whom English is not a native language. The enhanced communication skills will help the students to be at par with other students who are adept in the English language. This gives students an opportunity to interact with and learn from their peers from other countries and to make long-term professional association internationally.



The School has signed an MOU with Cambridge University and is working with Cambridge Assessment English which means that students will get access to a comprehensive range of support and will be granted the prestigious Cambridge certification on successful completion of English language courses.



School of Humanities and Social Sciences specializes in English Language Teaching to non-native English speakers.



The School offers Language Lab with access to Pearson Global English Software. World-class infrastructure includes Wi-Fi enabled spacious classrooms with projectors and other audio-visual aids.



With progressive and innovative outlook towards teaching, the School's highly accomplished and dedicated faculty earnestly follows interactive and student centric approaches to teaching-learning.



School of Humanities and Social Sciences is a host to students from diverse background and culture which provides a platform to develop sensitivity towards others. Community Connect Courses are also offered by the school to achieve the same.



Curriculum offered is in line with those offered in premier educational institutions across the world in the field of literature and languages.



Special lectures by eminent professors and erudite scholars from various institutions of repute are held in the school periodically.



Co-curricular activities/events like Literature Festival, Mother Language Day, Model United Nation, Symposiums and much more feature prominently in the academic calendar.

Faculty That's Truly Inspiring

School of Humanities and Social Sciences faculty members earnestly follow interactive and student centric approaches to teaching-learning, complementing classroom teaching with innumerable scholarly activities including lectures by eminent professors, organising seminars, conferences & workshops. SHSS faculty members have received prestigious teaching awards for their performance in the classroom.



"SHSS has emerged as the epicentre of cultural, creative and academic activity at Sharda University with students from all over the world creating a multi-cultural environment and a vibrant network of global students."

Prof. Arti Koul Kachroo

Dean, School of Humanities and Social Sciences
MA, M.Ed, Ph.D.

Prof. Arti Koul Kachroo is a doctorate in Education from Jamia Millia Islamia, where she received a fellowship from ICSSR, for her research work on Mentor Relationship and Talent Development. She specializes in the field of Educational Psychology and pedagogy of language teaching. She was appointed as the Chairperson of the K.V.Sanghthan interview committee on numerous occasions and is also a visiting team member of the NCTE. Her book on "Life Skills Education" provides valuable insight on the significance of imparting life skills education.



Dr. Anviti Gupta (Professor)
MA, Ph.D.

An accomplished academician and behavioural trainer, with over 21 years of experience. Ph.D. in Applied Psychology from University of Lucknow. She is a certified psychological counsellor and trained clinical hypnotherapist, and is also empanelled as consultant with Times of India Group. Her research interests include emotional intelligence, women empowerment, spiritual intelligence, gender issues, anxiety & depression, happiness and mindfulness.



Dr. Shradha (Professor)
MA, UGC-NET, M.Phil, Ph.D.

14+ years of total experience out of which 11 years worked as an Editor cum Analyst in the domain of national security. During her work span, She has handled a variety of roles of a Lecturer, Editor, Analyst and Administration. Awarded Vishwakarma Award 2016 by NTRO, PMO for consistent outstanding performance and good work.



Dr. Pramod Kumar (Associate Professor)
MA, MBA, PGDTE, Ph.D.

More than 23 years of experience in teaching English language & literature. Has published 35 papers at National & International level. Co-editor of the international journal, Creative Writing & Criticism. He is also associated with English language teachers association of India and has worked with GTT/NASSCOM to encourage youth for advance life skill programme. He has also published a book on Human Values and Professional Ethics.



Ms. Sandipa Das (Assistant Professor) Ad Hoc/Principal Coordinator SHSS
MA, Ph.D. (Pursuing)

A trained classical dancer and singer, Ms. Sandipa Das holds a masters degree in English Literature and has topped her university in her masters. She is driven by spiritual philosophy and believes in spreading positivity.



Dr. Brinda Chowdhari (Associate Professor)
UGC-NET, Ph.D.

She is a linguist and a seasoned training professional with a total experience of 18+ years. She is also a musician, a singer and a performing artist with All India Radio Akashwani. She worked as a Lecturer, Linguistics in Delhi University for about 6 years and has Industry experience of about 7 years working with well known companies namely, British School of Language New Delhi, NIIT New Delhi, Spanco Tele Systems Mumbai, HCL Noida.



Dr. Prachi Priyanka (Assistant Professor)
Ph.D.

Dr. Prachi Priyanka holds Ph.D. in English Literature. She has worked as freelance editor for a reputed publishing house and has experience and expertise in teaching English literature at graduation and post graduation levels and English language to International students. She has published several research papers in reputed journals and books. Her book, Thistle & Weeds was published in 2016.



Dr. Gurpyari Bhatnagar (Assistant Professor)
MA, Ph.D.

Over 13 years of experience in educational settings as a Faculty of English who views teaching and learning as a dynamic and interactive process. Prior to Sharda, Dr. Gurpyari Bhatnagar has been associated with NIIT University & Graphic Era University. She has presented and published papers on Criticism at National and International Level.



Dr. Pallavi Thakur (Assistant Professor)
Ph.D.

A Ph.D. from IIT Roorkee, she has a teaching experience of more than ten years. She has delivered a lecture series on Business Communication for UGC-ECE programmes, published several papers in National and International Journals, and also two books- Business Communication, Shashi Deshpandes Fiction A Woman's Journey from Self-Effacement to Self-Actualization.



Ms. Pratibha Biswas (Assistant Professor)
MA, UGC-NET, M.Phil, Ph.D. (Pursuing)

Currently enrolled as a Ph.D. scholar in the Department of English, Jamia Millia Islamia University, New Delhi. Over 5 years experience in teaching. Prior to joining Sharda University, she has been teaching English at Colleges of Delhi University namely Sri Aurobindo College, Shivaji College and Daulat Ram College.



Ms. Tapti Roy (Assistant Professor)
M.A., M.Phil., UGC-NET

Over 5 years of teaching experience. Areas of interest include Literary Theory, Cultural Studies, Film and Literature.

**Dr. Jyoti Jayal (Assistant Professor)****MA, PGDTE, Ph.D.**

Ph.D. in English (Linguistics & Phonetics). Over six years of teaching experience; two years of research experiences as a Research Associate (EFL University); and more than one year of industrial experience as a Language Editor with well known institutes like Macmillan Publishers and Thomson Digital.

**Ms. Gunjan Gupta (Assistant Professor)****MA, UGC-NET**

Around 5 years of experience. Area of interest include Indian English Literature, Diasporic Literature, Classical Literature, Film and Literature. Prior to joining Sharda University, she worked at various colleges of University of Delhi namely Keshav Mahavidyalaya, Daulat Ram College among others.

**Dr. Mukuta Borah (Assistant Professor)****Ph.D**

Masters in English from University of Pune and Ph.D. in English from University of Delhi. Her areas of interest include Women Writings, Gender studies, Conflict and Trauma, Translation, Assamese Literature and British Literature.

**Mr. Manish Kumar (Assistant Professor)****MA (Pol Sc.), UGC-NET**

He is working as an Assistant Professor of Political Science. His objective as a teacher is to motivate students to develop their own learning interests and critical thinking to establish learning centered environment in classroom.

**Ms. Toran Talwar (Assistant Professor)****M.Sc, UGCNET, Ph.D.**

Ms. Toran Talwar has been associated with Dayalbagh Educational Institute, Off Campus Centre for 7 years as Facilitator and 3 years with I.T.S. Engineering College, Greater Noida. Her areas of interests are Psychology, Business Statistics, Organizational Behavior, and Research Methodology.

**Dr. Sudhanshu Verma (Assistant Professor)****UGC- NET, Ph.D.**

A certified Yoga Teacher with more than 5 years of teaching experience. He is a member of "Indian Association of Yoga" and "Sriram Yoga Prashikshan & Anusandhan Society". He has experience for teaching yoga at Dev Sanskriti Vishvavidyalya, Haridwar. He is a Certified Yoga Examiner for Quality Council of India.

**Dr. Prachi Ramdas Patil (Assistant Professor)****BA, M.Phil, Ph.D.**

Ph.D and M.Phil from the Centre for the Study of Social Systems, Jawaharlal Nehru University. MA from Tata Institute of Social Sciences, Mumbai and B.A. from Fergusson College, Pune. She has published papers and various book reviews in social sciences journals, both international and national.

**Dr. Komal Beri (Assistant Professor)****MA, Ph.D.**

A counselling psychologist specializing in treating anxiety and depression. She has earned Masters Degree in Psychology from the University of Delhi. She has also been involved in designing and conducting workshops and training programs at several NGOs.

**Ankit Tomar (Assistant Professor)****M.Phil.**

M.Phil. in International Politics from Jawaharlal Nehru University, New Delhi. He has contributed various articles in reputed journals and also participated in national and international conferences and seminars.

**Dr. Shachee Agnihotri (Assistant Professor)****MA, Ph.D.**

Ph.D. from the prestigious Zhejiang University, Hangzhou (QS World Ranking 54) on India-China Government Doctoral Fellowship. She also has an M.Phil. in China Studies from the Jawaharlal Nehru University, New Delhi and an MA in History from Banaras Hindu University, Varanasi.

**Mr. Shivom (Assistant Professor)****PG in Yogic Science**

Experience of yoga therapy at Centre of Integrative Medicine and Research (CIMR) AIIMS, New Delhi. Organized various Free Yoga camps at places like Mahakumbh Prayagraj, Haridwar and Ujjain with eminent Yogis.

**Dr. Sebanti Chatterjee (Assistant Professor)****Ph.D.**

Ph.D in Sociology from Delhi School of Economics. A former JU-SYLFF fellow, she was a recipient of the Sylff Research Abroad Award in 2016. She has presented her work in various national and international seminars.

**Dr. Sweta Singh (Assistant Professor)****M.Phil, Ph.D.**

M.Phil. and Ph.D. in History from Jawaharlal Nehru University. Worked as Research Assistant with a Delhi based NGO: Centre for Social Research. Her research interests include Maritime History, Study of the Cochin (Malabar) Jewish Diaspora, Indian Ocean trade and community, Jewish history, migration and gender etc.

**Dr. Vishali Sharma (Assistant Professor)****Ph.D.**

Ph.D. from Shri Mata Vaishno Devi University, Katra. Attended various conferences, seminars and workshops of national and international standards. She has worked as Book review editor and associate editor for reputed international journals.

**Ms. Ravinder Kaur (Assistant Professor)****MA (English), UGC-NET**

Taught English language and literature to students of BA at two colleges of Delhi University namely Aryabhata College and College of Vocational Studies for the NCWEB and SOL classes respectively.

**Dr. Rafrat Shakeel (Assistant Professor)****Ph.D.**

A self-motivated, action-oriented professional with over 8 years experience in teaching. Enthusiastic and committed with ability to understand and motivate students.

**Ms. Pooja Mann (Assistant Professor)****M.A., M.Phil., Ph.D. (Pursuing)**

Enthusiastic educator with innate ability to understand students and helping them in creating a cooperative community in the classroom that sets as a model about the importance of mutual respect and cooperation among all community members.

**Ms. Tanushri Banerjee (Assistant Professor)****MA, M.Phil, Ph.D. (Pursuing)**

M.Phil. from Jamia Millia Islamia. Her interest areas range from Diaspora studies, Popular fiction to Children's fiction. She has also taught soft skills, personality development and other language related courses.

**Ms. Pooja Nanda (Assistant Professor)****B.Ed, MBA, Ph.D. (Pursuing)**

Holds a wide experience in teaching the German language. She has also worked as a freelancer translating documents from German to English and vice versa. She is well versed with the administrative processes in the education sector and has a rich experience in the same.

**Ms. Smriti Handoo (Assistant Professor)****MA, M.Phil. (Pursuing)**

Her area of interests are Postcolonial and Modernist writings. She is also keenly interested in Latin American and Kashmiri literature written in English.

SHARDA LAUNCHPAD FEDERATION.

Nurturing Entrepreneurial Spirit.



"Innovation is life. Innovation brings change. Without innovation there is stagnation."

This is the vision of Shri Narendra Modi, Hon'ble Prime Minister of India. Sharda University is proud to support Prime Minister's vision for #startupindia through Sharda Launchpad Federation. The goal is to nurture and nourish entrepreneurial spirit in the entrepreneurial ecosystem.

SLPF serves as a bridge between entrepreneurial experts and the prospective students so that they can learn from their experiences, knowledge and expertise through initiatives like short-term programmes, speaker sessions, industry interface and mentoring. SLPF is supported by committed corporate partners, the angel investors, VC Firms and mentors from across the world. Over the last few years, Founders of Yourdost.com, Neostencil, BalujaShoes, Voccaberry, Essar Oil, MentorX, Healthstart, Sam Circle, Indian Angel Network, IIT-Kanpur have mentored the young entrepreneurs of Sharda University.

3 Programmes to Dream It, Pitch It and Stand It

What's unique about SLPF is that it facilitates the entrepreneurial ideas through three different programmes:

- 1. Next Startup:** An ideation stage centre where student ideas are explored and evolved to look into efficacy of incubation;
- 2. Syncubator:** An incubator which will incubate selected projects and ideas through a formal incubation process and
- 3. Xcelerator:** An accelerator which seeks to accelerate entrepreneurial start-ups who have reached a minimum threshold level. Therefore, SLPF can assist budding start-ups at different levels of the entrepreneurial trajectory.

PRESTIGIOUS TIE-UPS



Tie-Up with SIIC, IIT-Kanpur

Through this tie-up, SLPF will share the resources with IIT Kanpur and thus the incubates will have access to all resources there besides the resources in Sharda University thus enabling them to work on their projects with world class resources.



Tie-Up as Host Institute of Ministry of MSME

Incubates will get grants of upto Rs. 15 lakhs from the Ministry of MSME on their ideas.



SHARDA SKILLS

Enhancing competencies to excel

Sharda Skills is the training and skill building department of Sharda University which is involved in imparting life skills to students and professionals both within and outside the campus. Sharda Skills has a team of Industry Proven Subject Matter Experts and Professionals such as Certified Psychologists, Psychotherapists and Masters having cumulative training and teaching experience of more than 2 decades in some of the leading corporates of the country.

Sharda Skills training programmes revolve around developing resilience, tenacity, creativity, problem solving, multitasking, crisis management, team skills, communication skills and personality development etc. These programmes have been made an integral part of credit base courses and the trainers of Sharda Skills put their heart and soul in nurturing every student and help them to become a better and confident human being.

Sharda Skills also imparts specific skill(s)/skillsets which can be pursued either as a hobby or for employment, business, and entrepreneurial reasons.

Sharda Skills also provides coaching and mentoring to students who want to prepare for various competitive exams like UPSC, CAT, GRE, GMAT, SSC, IBPS etc within the campus after University hours.



A Rs. 2 crore fund from our Xcelerator - Health StartUp
Incubates in the Health domain can get funds of upto Rs. 25 lakhs per project. Arrangements are for 8 projects.

Focus on Organising Maximum Events



1



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1. Guest Lecture by Dr. Ved Prakash from University of Rajasthan for students of SHSS
2. Guest Lecture by Prof. Nandini Sahu of Indira Gandhi National Open University
3. An educational trip to Arth Culture Festival
4. Chinese Students attend a Yoga Retreat to Rishikesh
5. International Students performing in their Native language during Mother Language Day

6. An educational trip to Rashtrapati Bhawan
7. Mushaira Organised by students of English programme
8. An educational trip to the World Book Fair
9. Sharda University organises International Yoga Day with great enthusiasm every year.
10. A Performance of a Hindi Adaptation of Shakespeare's As You Like It



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10

World Class Infrastructure

Sharda University campus combines modern teaching and study spaces on 63 acres of landscaped greenery. At Sharda, you will study in a clean, healthy environment that combines the benefits of an active global lifestyle with the resources of an international University. When you want to work together and make new friends you'll find yourself in a welcoming community filled with people from various countries. Our campus includes academic support, accommodation, sports, culture and entertainment-everything you need.



EAT

Discover multi-cuisine outlets on campus



LEARN

Browse through lacs of books in libraries



PLAY

Relax by playing many outdoor & indoor games



EXERCISE

Stay fit at the on-campus gymnasium



EXPERIENCE

Guest lectures, events & activities in auditoriums & seminar halls



RESEARCH

Hi-tech labs & research centres



CONNECT

Stay connected 24x7 through seamless Wi-Fi network



EXPLORE

One of north India's biggest educational hubs

Cultural Society of Sharda University

The Cultural Society of Sharda University is formed of 9 Clubs, where each of the clubs will be operated by student coordinators and board members under the supervision of faculty coordinators. The cultural society will be governed overall by the following functionaries:

- The Dean of Students' Welfare
- The Associate Dean of Students' Welfare
- Faculty Advisors of Cultural Society

FINE ARTS CLUB

The Fine Arts Club brings out the hidden artistic talents of our students, cultural programmes are conducted during Independence, Sports and college day function. Students participate in Inter & Intra-College competitions. The purpose is to encourage students to express their thoughts and emotions through art.



MUSIC CLUB

Music Club caters to the passion of student providing quality facilities like instruments, dedicated music room and a plethora of events. It serves as a platform for musicians of all genres and skill levels to showcase their talent at various events like Sufi Night and Voice of Sharda, etc. held at Sharda University.



DRAMATICS CLUB

The Dramatics Club is for students who are interested in Performing Arts. The Club offers acting education, a creative outlet for theatrically minded students, and a variety of theatrical productions for the students to enjoy. In the past students from the Club brought accolades for the University in various events.



DANCE CLUB

The Club was established with the mission of bringing out the hidden talents of students and also provides them a stage where they can showcase their dancing talent and interest. The Club provides lot of opportunities in the form of competition and workshops for igniting the spark of interest present in the budding technocrats and honing their skills towards showcasing their talents.



LITERARY CLUB

The Club aims to foster love for language, enhance literary creativity and provide an avenue for self-expression beyond the school curriculum. It is also to develop and hone the literary skills of students and inspire them to develop a taste for literature by conducting various workshops. The Club also initiates competitions in extempore, essay writing, creative writing, poetry writing, debate, elocution, quiz and reading to enhance the speech and oratorical skills.



DIVERSITY CLUB

Sharda University has a diversified group of students from across 80+ nationalities. The Diversity Club is dedicated in raising awareness of the various cultures among all students. Throughout the year various events are organized by the students to explore different cultures like Rejoice 3D, Festivals of Light, etc.



FASHION CLUB

The Fashion Club aims to bring students together who have a passion for the fashion industry by participating in local and regional fashion events. Club members work with Fashion Merchandising students to help with events and activities on and off campus. The Club has hosted fashion shows, fashion showcases, and window dressings of local businesses.



PHOTOGRAPHY CLUB

Photography Club of Sharda provides a platform where talent meets creativity and gives rise to productivity. Students are engaged in various activities that challenge their imaginative capabilities, assist in sharpening their photographic skills, and present an opportunity for students to learn from each other.

ENVIRONMENTAL CLUB

The main purpose of the Environmental Club is to educate on sustainable practices, to implement change in the best interest of the environment, and to include all persons working to improve the future of our earth by conducting significant workshops and seminars.



*The Sharda Campus Life.
Truly Extraordinary!*





Language Programmes Designed For Success

The School is committed to achieve the five objectives of Higher Education; Pedagogy, Extension, Application, Research and Learning. The programmes at School of Humanities and Social Sciences are designed to prepare students to have an edge in the international market place.



PROGRAMMES OFFERED BY SCHOOL OF HUMANITY & SOCIAL SCIENCES

B.A. (Hons.) - English	3 Years
Bachelor of Arts (Hons.) History	3 Years
Bachelor of Arts (Hons.) Sociology	3 Years
Bachelor of Arts (Hons.) Political Science	3 Years
Bachelor of Arts (Hons.) Psychology	3 Years
Bachelor of Arts (Hons.) Geography	3 Years
B.Sc. - Yoga	3 Years
Advance Certificate of Proficiency (English)	1 Year
Certificate of Proficiency (English)	6 Months
M.A. - English	2 Years
Master of Arts- History	2 Years
Master of Arts- Sociology	2 Years
Master of Arts- Political Science	2 Years
Master of Arts- Psychology	2 Years
Ph.D. - English (Full Time/Part Time)	Min. 3 Years



Programmes in English

The department offers a 3 year degree course in Bachelor of Arts (Honours) in English. This sets a base for higher academic degree in English Literature by inculcating within the students a crucial skill set of critical reading, phonetics, creative writing, and analytical thinking. The course attempts to establish a connection between Literature from all around the world and its consequent relation to the contemporary society. Candidates proficient in English Language, having a zeal for understanding humanity through the lens of literature, and who have passed Senior Secondary (10+2) with 50% marks from a recognized board are eligible for this course.

The department also offers Masters in English as a 2 year degree course aimed to cater to students looking for higher academic degree in English Literature. Students with B.A. English with a minimum of 50% marks are eligible to pursue it. The course surveys the canon of English literary studies as well as the latest trends in literature written in English Language from all over the world.

Students are trained in rigorous in-depth textual analysis and encouraged to develop critical writing and research skills.

Ph.D. in English is offered to those who qualify the two tier entrance exam held by the University. Candidates need to first clear a written exam based on their subject expertise. After this round, short-listed candidates are called for an interview session with subject matter experts. Selected Ph.D. scholars are expected to complete one year of course work after which work on dissertations ensue.

Career Opportunities

- Advertising
- Research
- Teaching
- Proofreader
- Reporter
- Copywriter
- Civil Service
- Teacher
- English Language Trainer
- Technical Writer
- English Language Trainer
- Jobs with BPO and KPO firms
- Publishing
- Scriptwriter
- Translation
- TV Anchor
- Editor
- Freelance Writer
- Reporter
- Content Developer
- Public Relations
- Translator/ Interpreter
- Telemarketing Executives

Programmes Offered

- B.A. (Hons.) English
- M.A. - English
- Ph.D. English

PROGRAMME STRUCTURE - B.A. (Hons.) English

FIRST YEAR		SECOND YEAR		THIRD YEAR	
TERM I	TERM II	TERM III	TERM IV	TERM V	TERM VI
COURSE	COURSE	COURSE	COURSE	COURSE	COURSE
1.1 Introduction to English Literature	2.1 The English Novel-I	3.1 Indian Literature	4.1 Indian English Novel	5.1 Modern English Poetry	6.1 Modern English Novel
1.2 English Poetry from Chaucer to Blake	2.2 English Poetry from Wordsworth to Tennyson	3.2 The English Novel-II	4.2 Prose Down the Ages	5.2 Contemporary Literature	6.2 American Literature
1.3 Drama from Elizabethan to Restoration	2.3 Modern Drama	3.3 Literary Criticism	4.3 Literary Theory	5.3 Classical Literature	6.3 Modern European Drama
1.4 Workplace English-I	2.4 Workplace English-II	3.4 Techniques of Writing-I	4.4 Anglo American Literature	5.4 Popular Fiction	6.4 Modern Indian Theatre
1.5 Environmental Studies			4.5 Women's Writing	5.5 New Literature in English	6.5 Modern English Novel
			4.6 Techniques of Writing-II	5.6 English Language Teaching	

PROGRAMME STRUCTURE - M.A. English

FIRST YEAR		SECOND YEAR	
TERM I	TERM II	TERM III	TERM IV
COURSE	COURSE	COURSE	COURSE
1.1 British Non-Fiction	2.1 Indian English Literature	3.1 New Literatures in English	4.1 Postcolonialism and Literature
1.2 Poetry from Sidney to Dryden	2.2 Fiction-I	3.2 Literature and Myth	4.2 Literature of the Absurd
1.3 Literary Criticism and Theory	2.3 Modernist Theatre	3.3 Children's Literature	4.3 Diasporic Fiction
1.4 Studies in Shakespeare (Optional)	2.4 American Literature (Optional)	3.4 Fiction-II (20th Century Novel)	4.4 Dissertation
1.5 Medieval to Neoclassical British Literature (Optional)	2.5 Latin American Literature (Optional)	3.5 Research Methodology	



Programmes in History



The Department offers B.A. (Hons.) History as a 3-year undergraduate course for which the minimum eligibility is a 10+2 qualification. The programme aims to provide a base for advanced lessons in the discipline of history. Along with a thorough historical understanding of facts, the student will be sensitized to various historical movements which have transformed the world. The programme aims to build in eligible students basic and advanced lessons in the discipline of History, and skills in research, analysis, and quantitative reasoning that are essential for a firm base in the Liberal Arts. History covers the study of the evolution of human civilizations from down the ages i.e. from the pre-historic to the present time. The programme covers a comprehensive study of the major historical events that have occurred both in India and across the world.

This programme will help the students to understand the deeper aspects of history and how over the centuries the human civilisations transformed till date. After successfully completing the programme, students can expand their knowledge and understanding about the past, and reflect on the diversity of past human experience. They can also gain a critical insight into the range of interpretations, theories and approaches that historians have adopted and tested over time.

M.A. History course is designed to enrich the students with a sense of time & space, culture, society, economy and polity in various eras. It also aims to broaden the methodology and

understanding of historical research and to decode the hidden narrative and agendas in historical writings. Thus, this course will provide students with the opportunity to explore socio-economic-political landscapes of Indian History along with the rich history of other countries of the world as well. This course opens career avenue for the students in the fields of Research, Government job, Academics, Museology, Education, Teaching, Heritage and Tourism and so on.

Career Opportunities

- Museum Curators
- Broadcast Journalist
- Exhibition Designer
- Genealogy
- Marketing
- Media
- Museum Education and Archaeology
- History Teachers
- Business and Commerce
- Corporate Investment Banker
- Editorial Assistant
- Law
- Advertising and Public Relations

Programmes Offered

- B.A. (Hons.) History
- M.A. - History

PROGRAMME STRUCTURE - B.A. (Hons.) History

FIRST YEAR		SECOND YEAR		THIRD YEAR	
TERM I	TERM II	TERM III	TERM IV	TERM V	TERM VI
COURSE	COURSE	COURSE	COURSE	COURSE	COURSE
1.1 Individual and Society-I	2.1 Individual and Society-II	3.1 Early Medieval & Medieval India (600-1200): Historiography, Survey of Sources and recent debates.	4.1 History of India & Indo-Islamic Culture (1526-1707)	5.1 Indian Independence Movement (1858-1947)	6.1 An Introduction to methods of Historical Research
1.2 Introduction to Political Theory	2.2 General Psychology-I	3.2 History of Europe: (1453-1789)	4.2 Tracing the History of Urbanization and Trading Networks	5.2 India since Independence 1947-2000	6.2 An Introduction to methods of Historical Research
1.3 Introduction to Sociology	2.3 History of India from Ancient Times to 750CE	3.3 History of India (1200-1526): Polity, Economy, Society, Culture & Religion	4.3 History of Europe: (1789-1945)	5.3 World Politics in the 20th Century (1945-2000 C. E.)	6.3 History of Gender, From Antiquity to Modern Age: Changing Perspectives
1.4 Functional English-I	2.4 Functional English-II		4.4 History of East Asia (1939-1950: China & Japan)	5.4 Introduction to Ancient Civilizations	6.4 Exploring the tools of History Writing: Archival Sources and Oral History
1.5 To Be Chosen by students	2.5 Environmental Science		4.5 Indian History in the Phase of Transition (1707-1857: Disintegration of Mughal Empire and rise of British East India Company)	5.5 Introduction to the Study of Archaeology	

PROGRAMME STRUCTURE - M.A. - History

FIRST YEAR		SECOND YEAR	
TERM I	TERM II	TERM III	TERM IV
COURSE	COURSE	COURSE	COURSE
1.1 Principles and Methods of History	2.1 Trends in Historiography	3.1 Research Methodology and Historical Exploration	4.1 Gandhian Thoughts and relevance in Indian History
1.2 History of Ancient India: from Harappa to Harsha Vardhana	2.2 History of National Movement in India	3.2 Gender in Indian History/ Gender in Global History (Optional)	4.2 Maritime History of India/Selected studies on Architecture development in Ancient and Medieval India (Optional)
1.3 History of Medieval India: From Sultanate to Mughals	2.3 Society and Economy: From Ancient to Modern India	3.3 Revolutions in World History/ Civilizations in World (Optional)	4.3 Studies on Archives, Museums & Heritage/ History of Delhi (Optional)
1.4 State and Governance in India: from Ancient to Medieval Era	2.4 18th Century India: History & Debate	3.4 History of Modern South-East Asia/ History of Central Asia (Optional)	4.4 Dissertation
1.5 Introduction to Contemporary World	2.5 History of Modern Far East	3.5 Subaltern History in India/ India Since Independence (Optional)	



Programmes in Political Science



B.A. Political Science is an undergraduate programme focusing on the study of theory, practice, description along with the analysis of political system and behaviour. With a detailed study of the political, national and international system, the programme trains its students in historical and modern political system, public administration, governmental policies and procedures, international relations and public affairs. The programme not just deals with modern political scenarios but also encompasses the history of various political revolutions across the world thus helping a student learn the political practices of countries around the world. As politics routinely affects our lives and as more of the masses partake in activism, political science professionals are needed. A Bachelor of Political Science degree can provide the knowledge and skills needed to meet this growing demand.

The programme highlights Political Thought (both Indian and Western) and Political Theories, Select Constitutions of the World, and Public Administration and Human Rights, while strictly focussing on Indian Constitution, Indian Political Thought, Indian Administration, and Local Self Government.

Masters in Political Science addresses some of the fundamental problems facing human society: war and peace, authoritarianism and democracy, economic development and inequality, and environment degradation. It helps in examining political ideas, ideologies, institutions, policies, processes, and behaviour, as well as groups, socio-economic

classes, governments, diplomacy, law and strategy. The course offers well-rounded training in social science. Apart from learning about India, Asia and the world, the curriculum focuses on critical thinking and writing, research and analysis, methodology, and ethical reasoning. These make our students good candidates for a job in many sectors, including civil services, journalism, consulting, government, the foreign service, and teaching.

Career Opportunities

- Anthropologist
- Historian
- Banking
- High School Teaching
- Research Analyst
- Intelligence Expert
- Executive Advisor
- Public Administration
- College student leadership and Activities Officer
- Public Planning
- Market Researcher
- City Planning
- Public Affairs
- Budget Analysts
- Archivist
- Diplomat
- Political Consultant

Programmes Offered

- B.A. (Hons.) Political Science
- M.A. - Political Science

PROGRAMME STRUCTURE - B.A. (Hons.) Political Science

FIRST YEAR		SECOND YEAR		THIRD YEAR	
TERM I	TERM II	TERM III	TERM IV	TERM V	TERM VI
COURSE	COURSE	COURSE	COURSE	COURSE	COURSE
1.1 Introduction to Political Theory	2.1 General Psychology-I	3.1 Constitutional Government and Democracy In India	4.1 Political Process in India	5.1 Classical Political Philosophy	6.1 Modern Political Philosophy
1.2 Introduction to Sociology	2.2 History of India from ancient times to 750 CE	3.2 Introduction to Comparative Government and Politics	4.2 Perspective on International Relation and World History	5.2 Understanding of South Asia	6.2 Global Politics
1.3 Individual & Society-I	2.3 Individual & Society-II	3.3 Perspectives on Public Administration	4.3 Indian Political Thought	5.3 Ethics and Politics	6.3 United Nation
			4.4 Feminism: Theory and Practice	5.4 Human Rights	6.4 Development Process and Social Movement in India
			4.5 Nationalism In India	5.5 Governance issues and challenges	

PROGRAMME STRUCTURE - M.A. - Political Science

FIRST YEAR		SECOND YEAR	
TERM I	TERM II	TERM III	TERM IV
COURSE	COURSE	COURSE	COURSE
1.1 Debates in Political Theory	2.1 Comparative Political Analysis	3.1 Development Process and Politics in India	4.1 Research Methods in Political Science
1.2 Politics in India	2.2 Administrative Theory	3.2 Optional Paper: 1. Environmental Policies & Politics 2. Democracy and Human Rights in India 3. Foreign Policy of Major Powers	4.2 Optional Paper: 1. Democracy and Violence: Contestation, Convergence and Discourse 2. Social Exclusion: Theory and Practice 3. Politics and Ethnic Conflicts in J&K and North-East (NE) state.
1.3 Themes in Indian Political Thought	2.3 Key Texts in Political Philosophy	3.3 Optional Paper: 1. Gender in International Relations 2. International Relations of South Asia 3. Ethics and Governance	4.3 Optional Paper: 1. India and the World 2. Marx's Politics: Labour, Equivalence, Rights 3. Power Transition and the Dynamics of Foreign Policy in International Relations
1.4 Theories of International Relations	2.4 International Political Economy	3.4 Optional Paper: 1. Elections and Electoral Process in India 2. Public Policy 3. Digital/Social Media and New Public	4.4 Optional Paper: 1. Institutions, Development and Poverty 2. Modern Indian Political Thinkers 3. Public Institutions and Governance
	2.5 Applied Political Science		



Programmes in Psychology

The B.A. (Hons) programme in Psychology aims at developing an understanding of the growing discipline of psychology and promoting skill based education. An important goal of this course is to facilitate self-discovery in the students and ensure their enthusiastic and effective participation in responding to the needs and challenges of the contemporary world. The programme intends to enable students in developing skills and competencies needed for meeting the challenges and needs of the real world effectively. Hence this syllabus is created keeping in mind the changing nature of the society, educational institutions and the workplace and inculcate the required skills in the students to understand and respond to the same efficiently and effectively.

Psychology, in simple terms, is the study of human mind and human behavior. The field includes the study of various fields such as Memory, Learning, Environment & Behaviour, Practicals including Observation & Suggestion, Habit Interference and so on.

The aspirants after their completion of bachelors programme in Psychology have a wide range of career opportunities in various areas such as Social psychology, Clinical psychology, Experimental psychology, Occupational psychology, Child psychology, Educational psychology, etc. Some of the areas where a psychologist can work are Welfare Organizations, Prisons, Child/Youth Guidance Centres, Research Establishments, Rehabilitation Centres and so on.

In order to prepare psychologists for the future challenges in

society, we intend to equip the students with adequate skills and knowledge bases. Attempts have been made to incorporate professional training in three major domains of the disciplines namely:

- (1) Clinical Psychology,
- (2) Organizational Behavior, and
- (3) Counseling Psychology, as specializations, apart from focusing on understanding of the basic psychological processes, and contemporary research methods in applied psychology.

Career Opportunities

- Clinical Psychologist
- Case Manager
- Social Work Assistants
- Writers
- Social Service Specialists
- School Counselors
- Mental Health Technicians
- Rehabilitation Specialists
- Career Counselors
- Child Care Workers
- Teachers
- Organisational Behaviorist

Programmes Offered

- B.A. (Hons.) Psychology
- M.A. - Psychology

PROGRAMME STRUCTURE - B.A. (Hons.) Psychology

FIRST YEAR		SECOND YEAR		THIRD YEAR	
TERM I	TERM II	TERM III	TERM IV	TERM V	TERM VI
COURSE	COURSE	COURSE	COURSE	COURSE	COURSE
1.1 Individual and Society-I	2.1 Individual and Society-II	3.1 General Psychology-II	4.1 Social Psychology	5.1 Theory and Practice of Counseling-Psychology	6.1 Clinical Psychology
1.2 Introduction to Political Theory	2.2 General Psychology-I	3.2 Life Span Psychology	4.2 Abnormal Psychology	5.2 Industrial & Organizational Psychology or Transactional Analysis & Emotional Intelligence for individuals	6.2 Cognitive Psychology
1.3 Introduction to Sociology	2.3 History of India from Ancient Times to 750CE	3.3 Psychological Testing & Measurement	4.3 Behavioral Statistics	5.3 Educational Psychology or Stress and coping	6.3 Personal Growth & Development or Health Psychology
1.4 Functional English-I	2.4 Functional English-II	3.4 Professional Skill Enhancement-I	4.4 Positive Psychology or Psychiatric Social Work	5.4 Psychology Teaching	6.4 Academic Writing
1.5 To Be Chosen by students	2.5 Environmental Science		4.5 Community Connect	5.5 To Be Chosen by students	6.5 Capstone Project
	2.6 To Be Chosen by students		4.6 Professional Skill Enhancement II		

PROGRAMME STRUCTURE - M.A. - Psychology

FIRST YEAR		SECOND YEAR			
TERM I	TERM II	TERM III			TERM IV
COURSE	COURSE	COURSE OPTION 1	COURSE OPTION 2	COURSE OPTION 3	COURSE
1.1 Quantitative Methods	2.1 Qualitative Methods	3.1 Personnel and Human Resource Management	3.1 Guidance & Counseling Psychology	3.1 Clinical Assessment	4.1 Computer Application in Behavioural Research
1.2 Applied Cognitive Psychology	2.2 Therapeutic Techniques	3.2 Positive Organizational Behavior	3.2 Assessment in Counseling and Guidance	3.2 Psychopathology	4.2 Applied Developmental Psychology
1.3 Research Methodology	2.3 Research Design	3.3 Training and Development	3.3 Therapeutics Approaches in Counseling	3.3 Therapeutics approaches in Clinical Psychology	4.3 Gender and Psychology
1.4 Applied social psychology and assessment in social psychology.	2.4 Theories of Personality	3.4 Performance Management	3.4 Counseling Theories and Skill Development	3.4 Rehabilitation Therapies	4.4 Dissertation
1.5 Applied Health Psychology	2.5 Applied Educational Psychology	3.5 Positive Psychology for Leaders	3.5 Multi cultural processes in Counseling Psychology	3.5 Clinical Neuropsychology	
1.6 Practicum	2.6 Practicum	3.6 Practicum	3.6 Practicum	3.6 Practicum	



Programmes in Sociology

Sociology is the study of human social relationships and groups. Sociology's subject matter is diverse, ranging from crime to religion, from the family to the state, from the divisions of race and social class to the shared beliefs of a common culture, and from social stability to radical change in whole societies. Sociology students learn to be reflective thinkers, practising problem-solving and critical thinking skills commonly sought by employers.

Sociologists ask how class, gender, race, ethnicity, age and geographic region affect access to scarce resources like wealth, income, power and prestige as they explore the nature and operation of the social institutions.

The MA Sociology course will cover five courses each across three semesters and in the last semester, three courses will be offered alongside a dissertation. The course is directed at addressing social exclusion drawing on the perspectives of class, caste and gender. Through a study of social institutions and the roles of the agencies, concerns around politics, technology, identity and work are addressed. There is also a course on contemporary social worlds that offers a comparative perspective to gain insights about the historical, economic and cultural changes. This course will enable them to choose careers in the fields of education, research, social work, advertising, media, creative writing, film making, visual and sound studies, Government jobs as well as entrepreneurial pursuits.

Career Opportunities

Sociology prepares the candidates for various career options in politics, business, journalism, public relations or in any public administration fields which involves investigative skills and works in diverse groups. Most of the students opt for this course because it provides a broad range in liberal arts for the professions like law, medicine, social work, education, counseling, etc.

Career opportunities exist as:

- Educator
- Counselor
- Research Analysts
- Statisticians
- Community Developers
- Demographers
- Therapists
- Private Clinics
- Social Service
- Law
- Programme Directors in Social Service Agencies
- Researcher
- Consultant
- Survey Researchers
- Urban Planners
- Criminologists
- Media
- Hospitals
- Private Practice
- Criminal Justice

Programmes Offered

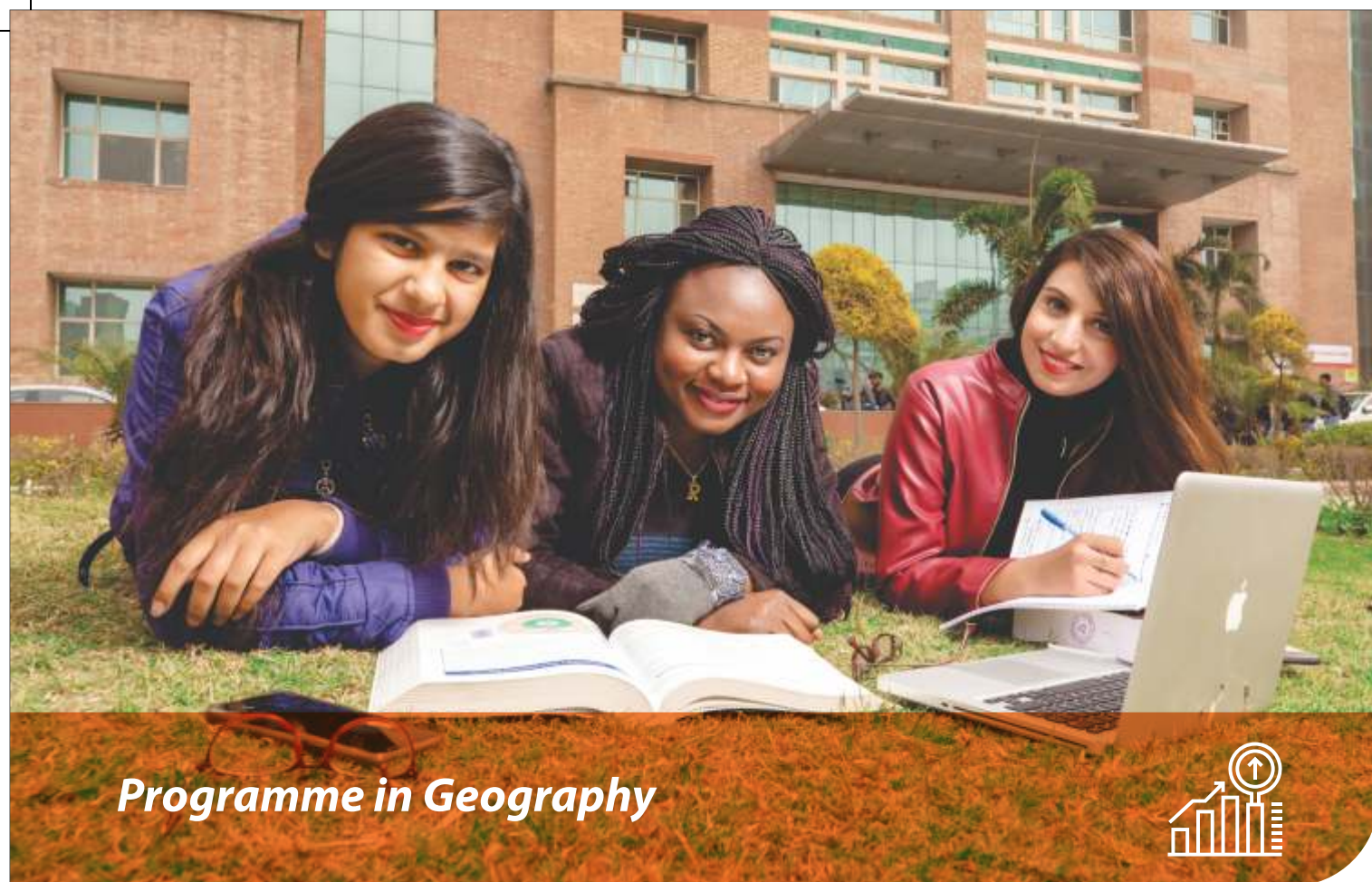
- B.A. (Hons.) Sociology
- M.A. - Sociology

PROGRAMME STRUCTURE - B.A. (Hons.) Sociology

FIRST YEAR		SECOND YEAR		THIRD YEAR	
TERM I	TERM II	TERM III	TERM IV	TERM V	TERM VI
COURSE	COURSE	COURSE	COURSE	COURSE	COURSE
1.1 Introduction to Sociology	2.1 Individual and Society-II	3.1 Sociology of Everyday Life	4.1 Genealogies of the Social	5.1 Research Methods and Techniques-I	6.1 Sociology of India
1.2 Individual and Society-I		3.2 Social Institutions-I	4.2 Social Institutions-II		6.2 Research Methods and Techniques-II
		3.3 Classical Sociological Thought-I	4.3 Classical Sociological Thought-II		6.3 Academic Writing- Dissertation
			4.4 Urban Social System		
			4.5 Gender & Society: Concepts and Theories		

PROGRAMME STRUCTURE - M.A. - Sociology

FIRST YEAR		SECOND YEAR	
TERM I	TERM II	TERM III	TERM IV
COURSE	COURSE	COURSE	COURSE
1.1 Classical Sociological Theory-I	2.1 Classical Sociological Theory-II	3.1 Sociology of Religion	4.1 Sociology of Science and Technology
1.2 Anthropology and its Methods	2.2 Indian Sociology	3.2 Gendered Perspectives in Sociology	4.2 Identity, Citizenship and Governance
1.3 Sociology of Family and Kinship	2.3 Sociology and its Margins	3.3 Social History of Contemporary World	4.3 Sociology of Work
1.4 Polity and Society in India (Optional)	2.4 Visuality and Social Transformation (Optional)	3.4 Sociology of Resistance	4.4 Dissertation
1.5 Ecology and Society (Optional)	2.5 Sociology of Creative Writing (Optional)	3.5 Research Methodology	



Programme in Geography



In compliance with recent directives from the University Grants Commission (UGC), the undergraduate syllabus for Geography is framed into Choice Based Credit System (CBCS), which offers a uniform structure to the curriculum. The B.A. Hons. programme in Geography offers a choice of varied papers covering theoretical, practical and applied aspects of the discipline. It is intended to cover both traditional and contemporary framework of study, thus giving a wide scope to the learners to apply their knowledge and skills in real scenarios. Teaching-learning methods have also evolved from purely lecture mode to demonstrative techniques of knowledge enabling process. The curriculum aims to develop an aptitude towards erudition that is rich in its content as well as it delivers the requirement of the present day society and industry. The curriculum has been carefully designed to include conceptual, practical, experiential and skill building component. The main objective of this new curriculum is to give the students a holistic understanding of the subject, putting equal weightage to the core content and techniques used in Geography. The syllabus tries to give equal importance to the two main branches of Geography: Physical and Human. The course is designed to impart basic knowledge on geography as a spatial science and train the undergraduates to secure employment in the sectors of geospatial analysis, development and planning, mapping and surveying.

Career opportunities

After completing the education, a student of geography can look for jobs in the following areas:

- Cartographer
- Environmental consultant
- Town planner
- Geographical information systems (GIS) officer
- Conservation and Recycling officer
- International aid/development worker
- Landscape architect
- Logistics and distribution manager
- Market researcher
- Nature conservation officer
- Tourism officer
- Transport planner
- Teacher & Academician
- Researcher in various organizations/Research Institutes

Programme Offered

- B.A. (Hons.) Geography

PROGRAMME STRUCTURE - B.A. (Hons.) Geography

FIRST YEAR		SECOND YEAR		THIRD YEAR	
TERM I	TERM II	TERM III	TERM IV	TERM V	TERM VI
COURSE	COURSE	COURSE	COURSE	COURSE	COURSE
1.1 Geomorphology	2.1 Human Geography	3.1 Climatology	4.1 Economic Geography	5.1 Regional Planning and Development	6.1 Evolution of Geographical Thought
1.2 Cartographic Techniques (Practical)	2.2 Thematic Cartography (Practical)	3.2 Statistical Methods in Geography (Practical)	4.2 Environmental Geography	5.2 Remote Sensing and GIS (Practical)	6.2 Disaster Management based Project Work (Practical)
1.3 Disaster Management	2.3 Spatial Information Technology	3.3 Geography of India	4.3 Field work and Research Methodology (Practical)	DSE-1 (Any one) 5.3 Demography and Population Studies	DSE-3 (Any one) 6.3 Geography of Health
1.4 Geography of Tourism and Pilgrimage	2.4 Coupled Human and Environment System	3.4 Climate Change Vulnerability and Adaptation	4.4 Industrial Development Sustainable	5.4 Hydrology and Soil Studies	6.4 Introduction to Political Geography
		3.5 Rural Development	4.5 Resource Development	DSE-2 (Any one) 5.5 Urbanization and Urban System	DSE-4 (Any one) 6.5 Biogeography and Biodiversity
		3.6 Geographic Information System (Practical)	4.6 Introduction to GIScience (Practical)	5.6 Agriculture and Food Security	6.6 Geography of Social Wellbeing
		3.7 Advanced Spatial Statistical Techniques	4.7 Thematic Atlas (Practical)		





Programmes in Yogic Sciences

Yoga is a holistic way of healthy living with its origin in ancient Indian philosophy. The science of yoga imbibes the complete essence on the 'Way of Life'. It means the union of the individual consciousness or soul with the universal consciousness or spirit. The programme brings together contemporary classroom learning techniques coupled with a traditional yogic gurukul way of life strengthening scientific evidence of the positive effects of yoga and meditation on human health. The way yoga has become popular these days, there are ample job opportunities for qualified yoga experts in India and abroad. It is a dynamic and challenging career in which one could achieve personal growth and respect from society by imparting Yoga training to all sections of the society.

B.Sc. in Yoga deals with the application of yoga for the treatment of specific body parts. The course also includes study of various postures and methods, which are included in Yoga Therapy. The science also deals with the benefit of specific yoga asana on specific body parts. The branch also deals with the scientific aspects of yoga on the human body.

Career Opportunities

After completing the education, a student of yoga sciences can look for jobs in the following areas:

- Research Officer- Yoga and Naturopathy
- Yoga Aerobic Instructor
- Assistant Ayurvedic Doctor

- Yoga Therapist
- Yoga Instructor
- Gym Instructor
- Yoga Teacher
- Therapists and Naturopaths
- Trainer/ Instructor Health Club

There are ample opportunities in the areas of naturopathy and yoga science both in the rural as well as urban areas for treating patients without drugs under the scheme of the optimisation of the available resources of the Central and the State Governments by ensuring the patients that there will not be any side effects and that the naturopathy and yogic therapies will be much less expensive than other modern therapies.

Programme Offered

- B.Sc. - Yoga

PROGRAMME STRUCTURE - B.Sc. Yoga

FIRST YEAR		SECOND YEAR		THIRD YEAR	
TERM I	TERM II	TERM III	TERM IV	TERM V	TERM VI
COURSE	COURSE	COURSE	COURSE	COURSE	COURSE
1.1 Foundations of Yoga-I	2.1 Foundations of Yoga-II	3.1 Foundations & Practices of Hatha Yoga-I	4.1 Foundations & Practices of Hath Yoga-II	5.1 Fundamental of Biochemistry	6.1 Health Psychology/ Methods of Teaching Yoga
1.2 Human anatomy and physiology-I	2.2 Human Anatomy and physiology-II	3.2 Basics of Yoga Sutra	4.2 Basics of Yoga Therapy	5.2 Stress and Coping/ Yoga Psychology and Counselling	6.2 Yoga and Holistic Health/Yoga for Personality Development
1.3 Yoga and Education	2.3 Yoga Psychology	3.3 Fundamentals of Naturopathy	4.3 Research Methodology & Statistics	5.3 Diet and Nutrition (Yogic Concept)/Yoga for Common Ailments	6.3 Project Work/ Dissertation
1.4 Functional English-Beginners-I	2.4 Functional English	3.4 Professional Skill Enhancement-I	4.4 Yoga Practical-IV	5.4 Community Connect	6.4 Academic Writing
1.5 Environmental Science	2.5 Open Elective	3.5 Open Elective		5.5 Yoga Practical-V	6.5 Yoga Practical-VI
1.6 Yoga practical-I	2.6 Yoga Practical-II	3.6 Yoga Practical-III		5.6 Bio-Chemistry Practical	
1.7 Human anatomy and physiology Practical-I	2.7 Human Anatomy and Physiology Practical-II	3.7 Naturopathy Practical			





Department of Languages and Culture



Committed to the pursuit of excellence in higher education, the Department offers various short term courses in language proficiency. It also offers special “bridge” courses and Communicative English Programmes to students seeking to improve their language skills. The Remedial English course offered to the University Students, is always in demand and found useful by a wide range of students from various disciplines. Cultural Exchange Programmes are one of the highlights of the Department, which provides a meticulously curated cultural exchange experience to foreign students. Courses in German and Spanish are also provided by the school.

- Pathway courses for International students and professionals that include Bridge Courses (6 months)
- Foundation Courses (3 months)
- Cultural Experience Programmes (5 weeks)
- Certificate of Proficiency (English) (6 months)
- Advance Certificate of Proficiency (English) (1 year)
- Remedial English Classes for Sharda University Students (3 months)

- Certificate in Spoken German (3 months)
- Certificate of Proficiency in German (6 months)
- Certificate in German (1 year)
- Proficiency in Hindi short term course (6 Months)
- Finishing School Programme
- Certificate in Spoken Spanish (3 months)
- Certificate in Spoken Hindi -3 months (offered free of cost to international students)

Views that speak Excellence



Ms. Aditi Tripathi, B.A. (Hons.) Psychology

My experience at Sharda University boosted my confidence and helped me to groom myself and become a better self. Faculties helped me to explore new genres which developed my interest in various disciplines. My journey till now has been full of fun, joy, learning, growing and becoming a better person. I hope to learn more and evolve as a person who is rich in morals and knowledge.



Mr. Rishabh Singh, B. A. (Hons.) English, 2nd year:

Sharda University is now my home, a home that I have to unwillingly abnegate as I see the same incompetence within myself a few years from now if I do not. I grew exponentially under the aegis of my faculty here, they were as firmly didactic yet amiably tending when the situation called for. I found home; a place where I would have never predicted it to be, surmised in someone.



Ms. Shreya Bhardwaj (M.A English)

At Sharda, we are in harmony with one another, invoking good will, camaraderie and motivation if need be. Everyday here is an adventure, to defeat our yesterday with today and strive for betterment not just for our own self but for everyone we left at home and the ones we have here; together as one. We inspire the ones who cannot find the inspiration themselves, we look after one another as it is meant to be; lending a hand and not hesitating to ask for one when we find ourselves in the same predicament. We are a family here at Sharda University.



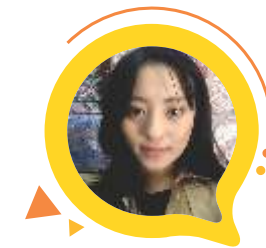
Ms. Sonam Bhati, B. A. (Hons.) History, 2nd year:

My years of studying at Sharda are some of the most impactful and worth learning. Sharda gives you a platform for not only academic advancement but also provides a diverse cultural exposure. The diversity, experience, environment and companionship are something that every student at Sharda would take away with them and carry it to their future endeavours.



Mr. Satvik Gupta, B.A (Hons.) English

Sharda University has been a place of study, meditation and focus. Surrounded by intellectuals from various fields of study, I never felt in want, be it for knowledge or support. Along with the various cultural and academic opportunities provided by the institutions, the bonds I created here have helped me to realise my potential and broadened my horizons, enough to face the world at large and I am forever grateful for it.



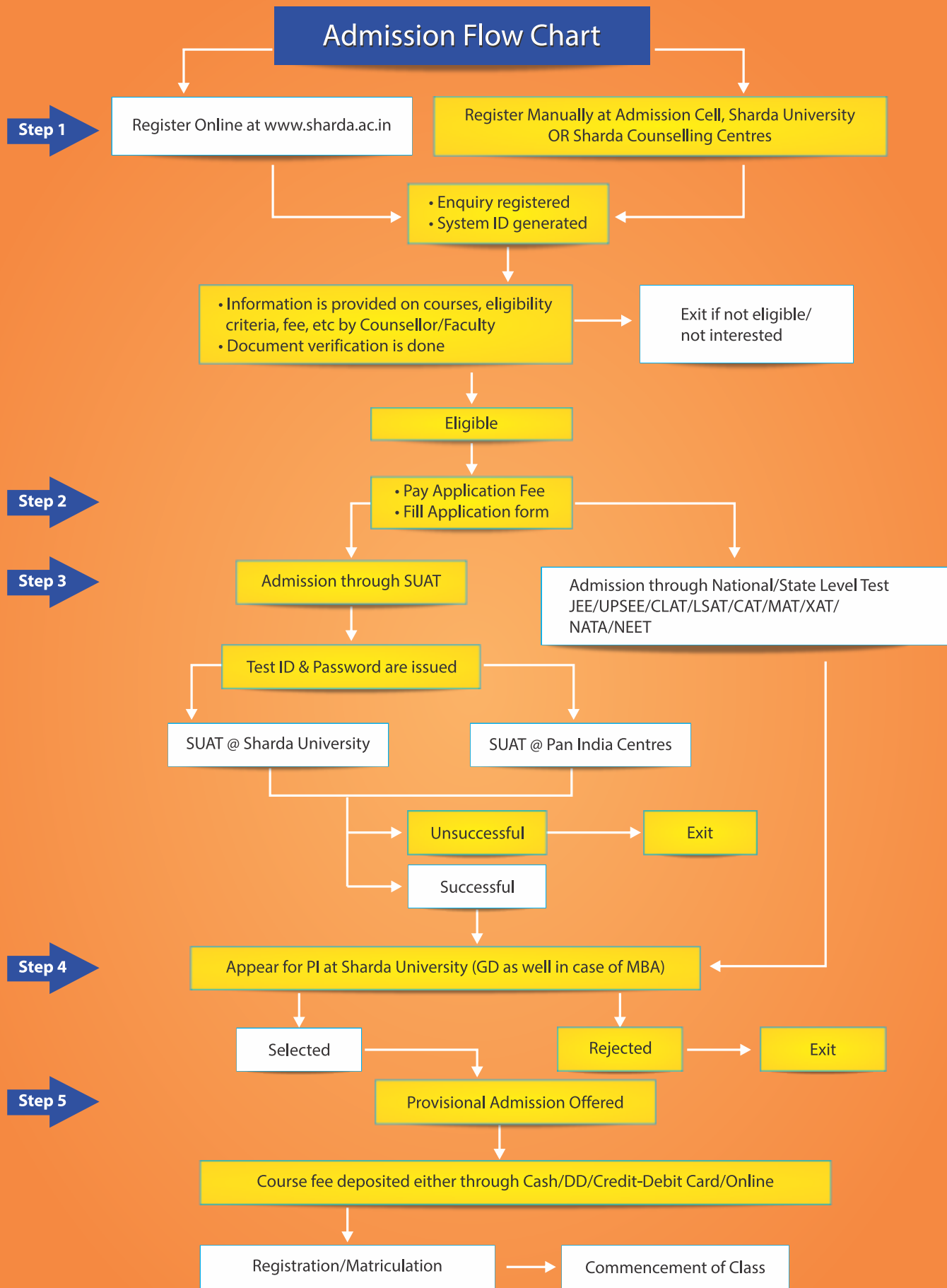
Ms. Kinsa June Tatak, B.A (Hons.) Sociology

Sharda University is what I call a “GAME OF EXCAVATION”: the more you play the more discoveries you make. The mode to play this game is - interaction, interact with people and that is how the game starts. While playing this game one will discover new culture, values, beliefs and many more. This feature of Sharda University is what make this University unique and intriguing.



Ms. Amisha Pandey, B.A (Hons.) Psychology

Sharda University has met all expectations of what a student wishes to have in college. The students, faculty and staff challenge and support each other within a respectful and diverse campus community. It provides world class infrastructure and well equipped classes and labs. The diverse atmosphere has given exposure to students of different countries and explore educational as well as cultural domains. Which really intensifies that “the world is here, where are you?”



Greater Noida. Hub of Education in Delhi-NCR.

Situated adjacent to New Delhi, Greater Noida is one of the fastest developing educational hubs. Home to some of the leading universities in India, Greater Noida sees lots of international students pursuing their career dreams.

India's first ISO 9000-2000 certified city, Greater Noida is amongst the cleanest, greenest and most well planned cities of India. Greater Noida is amongst the selected cities of the world, chosen for F1 Grand Prix Race.

Sharda University campus at Knowledge Park III is the largest in Greater Noida & the entire NCR.



“Greater Noida integrated township is shaping up as India’s smartest city, the National Capital Region’s most modern urban development centre and its fastest-developing centre of attraction. It has emerged as a modern model of far-sighted town planning.”

